



Lactating/Nursing Mother Rooms

South Plains College supports a woman's choice to breastfeed as it benefits the family, the employer and society. Multiple studies have indicated that breastfed babies and their mothers are healthier and may have fewer health problems later in life.

These campuses have met the standards set by the state to provide a private space, flexible break scheduling and support for mothers who choose to express milk for their babies. Nursing mother rooms are available on all SPC campuses for students, faculty and staff to utilize as needed. These rooms provide a safe, quiet, and private space to express milk.

Please contact the office at your location to schedule use of the room ahead of time:

Levelland Campus	Health & Wellness Office Administration Building Room SS112	806-716-2359
Reese Campus	Building 2 – Room 215A Building 5 – Room 512D Building 8 – Room 807B	806-716-4622
Lubbock Downtown Center	Room 1002J	806-716-2606
Lubbock Career & Technical Center	Room 120K	806-716-4604
Plainview Center	Room PC101I Room PC101K	806-716-4302

Please contact Becky Canon, Director of Health & Wellness, with questions at 806-716-2359.